



Dress Code for NDA and CDS Exams

Complete Guide 2025



The [National Defence Academy \(NDA\)](#) and the [Combined Defence Services \(CDS\)](#) examinations are prestigious gateways to joining the Indian Armed Forces. While preparation for the written test is essential, understanding and following the correct dress code for the exam day is equally important. A proper dress code ensures comfort, avoids unnecessary distractions, and follows the guidelines set by UPSC to maintain exam integrity.

This complete guide by **Major Kalshi Classes** explains the NDA and CDS dress code for 2025, ensuring you are fully prepared and confident on exam day.

Why is the Dress Code Important for NDA & CDS Exams?

- **Maintains Discipline** – Reflects the decorum of defence aspirants.
- **Ensures Comfort** – Prevents discomfort during long exam hours.
- **Compliance with Rules** – Avoids disqualification due to dress code violations.
- **Supports Fair Conduct** – Prevents the possibility of unfair means.

General Guidelines for Dress Code

1. Clothing Style

- Wear **simple, plain, and light-coloured clothes**.
- Avoid clothing with **big prints, logos, or political messages**.
- **Full sleeves** are allowed but may be checked by exam authorities.

2. Footwear

- Prefer **slippers or sandals** without heels to ease security checks.
- Sports shoes are allowed unless prohibited in the admit card instructions.

3. Accessories

- Avoid **jewellery, watches, and electronic gadgets**.
- Only **prescription spectacles** are allowed; avoid sunglasses unless medically advised.

Additional Tips for Exam Day

1. **Carry Admit Card & Valid ID Proof** – Essential for entry.
2. Avoid bringing **bags, mobile phones, or notes** inside the hall.

3. Reach the exam centre **at least 30–45 minutes early**.
4. Wear clothing according to **weather conditions**.

Special Notes for SSB Interview Stage

After clearing the **National Defence Academy (NDA)** or **Combined Defence Services (CDS)** written examination, candidates proceed to the [SSB interview](#) stage, where a **different dress code** applies.

Recommended Dress Code for SSB Stage:

- Formal shirt and trousers for men.
- Saree or formal salwar kameez for women.
- Polished formal shoes.



Do's and Don'ts Summary

Do's:

- Wear comfortable and modest clothing.
- Follow the instructions mentioned in the admit card.
- Keep pockets and accessories minimal.

Don'ts:

- Do not wear clothing with large prints or messages.
- Avoid metal accessories that may delay security checks.
- Do not carry prohibited items into the exam centre.

Conclusion

Following the correct **NDA and CDS dress code** is not only about compliance but also about representing yourself as a disciplined aspirant ready for the armed forces. **Major Kalshi Classes** advises all candidates to prepare well, dress appropriately, and approach the examination with confidence.

By respecting the dress code rules and maintaining a professional appearance, you ensure that your focus remains entirely on performing your best in the examination.

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